



CARRYING SAFELY

Carer remains attentive & responsive.

Carer monitors airway

Carer monitors that carry is secure.

Child must be easily accessible to be monitored.



BREATHING

Free air circulation

Unobstructed face

Chin off chest

Upright carry :7



SECURE

Close carry

Hands on until secure

Adjust with care

Remove excess slack

Minimise gaps

Supported under bum

and behind back

CAUTIONS



Practice safe sling sleep



Appropriate activities only



Sober enough



Regulate temperature

Protect from elements Avoid over-stimulation

CHECKS



Sling is fit for purpose



For hazards around you



Everyone is hydrated



With a carrying professional if unsure

OPMENT & COMFORT



Neck supported



Smooth



Knee to knee



Titled pelvis



Feet free to move



CARER COMFORT AND SAFET

Relaxed shoulders

Knot placement Material smooth

Comfortable footwear

Centre of gravity









